
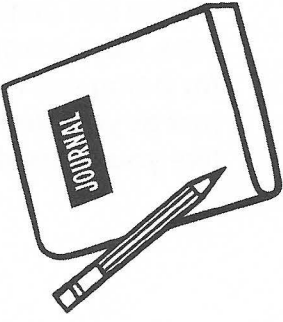
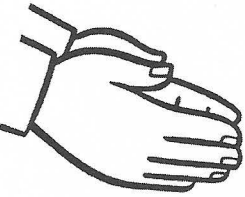
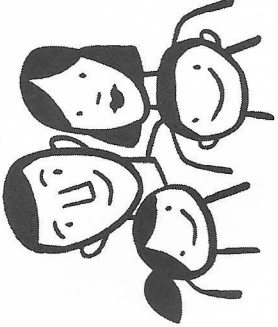


CROSS TRAINING

<p>Station 1</p> <p>Read (or have someone read to you) stories of Jesus' life from Matthew, Mark, Luke, or John. After you read each story, ask yourself these questions:</p> <ul style="list-style-type: none"> • What is Jesus like in this story? • What can I do to be like Jesus? <p>Start with the story in Mark 10:13-16.</p> 	<p>Station 4</p> <p>When you make a decision, ask, "What would Jesus do?" Keep a journal (in words, pictures, or both) that tells about times you tried to do what Jesus would do. If you're facing a difficult decision, ask others to pray about it with you.</p> 
<p>Station 2</p> <p>Talk to Jesus every day in prayer. On some days, pray this prayer that Jesus taught his disciples:</p> <p>"Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven.</p> <p>Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors.</p> <p>And lead us not into temptation, but deliver us from the evil one" (Matthew 6:9-13, NIV).</p> 	<p>Station 3</p> <p>Take time to encourage your friends and family. Talk about how you're growing in your faith and becoming more like Jesus. Finish sentences like these:</p> <ul style="list-style-type: none"> • [Name of person], I see Jesus in you when ... • I thank Jesus for you because ... 

Permission to photocopy this handout granted for local church use. Copyright © Lois Keffer.
Published in *All-in-One Sunday School Volume 3* by Group Publishing, Inc., 1515 Cascade Ave., Loveland, CO 80538.