STAYING ANCHORED WHEN I AM STRESSED May 3, 2020

1.	Treat God's word
	"Every GOOD GIFT and every PERFECT PRESENT comes from God our Father above, who created all the lights in the heavens. But unlike those lights that create shifting shadows, God NEVER CHANGES. God chose to GIVE US LIFE by giving us his WORD OF TRUTH, so that we could be his most important creation." Ja 1:17-18
	Five Aspects of God's Gift
	God's Word is
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2.	Humbly accept
	"So get rid of all the filth and evil in your lives and humbly accept the message that God has planted in your hearts, for it is strong enough to save your souls." James 1:21
3.	and then do
	"Do not merely LISTEN to the word, and so deceive yourselves. Do what it says! Anyone who listens to the Word but does not do what it says is like a man who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But if you KEEP LOOKING INTENTLY into the perfect law that gives freedom, and you CONTINUE to do this, NOT FORGETTING what you have learned, but DOING itthen you will be blessed in whatever you do." James 1:22-25 Five Conditions for God's Blessing •
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