

HOW TO STOP JUDGING WHEN I AM STRESSED

August 23, 2020

James 4:11-12

“Brothers and sisters, never say bad things about each other. Any time you speak against fellow believers or you judge and badmouth them, you judge and condemn God's law! And when you judge God's law you aren't even keeping it yourself. Instead, you set yourself up as the judge. Remember, God is the only true Lawgiver and Judge! He alone has the authority to save or destroy. So then, who are you? And what gives you the right to pass judgment on others?”

1. Why are we so quick to judge others?

- Guilt: It helps us _____.

“When you, a mere human being, pass judgment on others, do you think that by pointing your finger at others you will distract God from seeing all your misdoings and keep him from judging you?” Romans 2:3

- Pride: It helps us _____.

“You are trying to make yourselves look better than me by using my disgrace as an argument against me.” Job 19:5 (GW)

2. Why should we not judge others?

- Judging others is _____.

“The Royal Law found in the Scripture is ‘Love your neighbor as you love yourself.’ If you obey this law, you do the right thing.” James 2:8

“Anytime you speak against fellow believers or your judge and badmouth them, you judge and condemn God’s Law!” James 4:11

- Judging is _____.

“Remember, God is the only true lawgiver and judge. So then, who are you and what gives you the right to pass judgements on others?” Ja 4:12

- Judging others is _____.

(Jesus) “God did not send his son into the world to judge the world, but to save the world through him.” John 3:17 (NCV)

3. How can we learn to be less judgmental?

- Remember _____.

"We should never dare to classify or compare ourselves like those who rate themselves so highly. How foolish they are. They make up their own standards to measure themselves by and they judge themselves by their own standard." 2 Corinthians 10:12 (TEV)

- Remember _____.

Jesus: *"Stop judging by mere appearances." John 7:24*

- Remember _____.

"No one can really know what anyone else is thinking or what he is really like except that person himself." 1 Corinthians 2:11 (TLB)

"Therefore judge no one before the appointed time; wait until the Lord returns. He will bring to light what is hidden in darkness and he will expose the motives of men's hearts. At that time each will receive the right praise from God." 1 Corinthians 4:5

- Remember _____.

"Why are you so concerned about a speck of sawdust in somebody else's eye when you have a huge log in your own eye? How dare you say, 'Let me get that speck out of your eye!' Instead judge yourself and first remove the log in your own eye so you can clearly see to help others." Matthew 7:3-5

- Remember _____.

"According to God's law we cannot judge people before listening to them and hearing what they have done." John 7:51 (TEV)

- Remember _____.

"Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the same measure you use, you will be measured." Matthew 7:1-2

- Remember _____.

"It is by free grace (God's remarkable compassion and favor drawing you to Christ) that you have been saved (actually delivered from judgment and given eternal life) through your faith. And this is not your own doing. It is the undeserved gracious gift of God!" Eph 2:8 (AMP)