

**LIVING OUT MY LIFE MISSION (part 2)**  
**February 21, 2021**

Jonah 2:1

*"From inside the fish Jonah prayed to the Lord his God."*

- Our beliefs about God \_\_\_\_\_ our \_\_\_\_\_.

4 TRUTHS "RUNNERS" NEED TO KNOW

1. Know God \_\_\_\_\_ of runners.

*"In my distress I called to the Lord, and he answered me. From the depths of the grave I called for help, and you listened to my cry." Jonah 2:2*

2. Know God \_\_\_\_\_ runners.

*"You hurled me into the deep, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me. I said, 'I have been banished from your sight; yet I will look again toward your holy temple. The engulfing waters threatened me, the deep surrounded me; and seaweed was wrapped around my head.'" Jonah 2:3-6*

*"I want you to get up and go to the great city of Nineveh..." Jonah 1:2a*

3. Know God loves to rescue runners from their \_\_\_\_\_.

*"To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit." Jonah 1:6*

*"Those who cling to worthless idols turn away from God's love for them." Jonah 1:8*

4. Know that God \_\_\_\_\_ runners.

*Then the word of the Lord came to Jonah a second time: "Go to the great city of Nineveh and proclaim to it the message I give you." Jonah obeyed the word of the Lord and went to Nineveh. Jonah 3:1-3a*